



Week 1

Welcome Young Ladies

Welcome Young Ladies

OVERVIEW

Summary

The purpose of **Week 1: Welcome Young Ladies** is to welcome Junior Debutante Candidates to the **Young Ladies Junior Debutante Course** and answer any questions they may have. Week 1 will set the tone for the remaining meetings and Young Ladies should be encouraged to share and participate in class.

Learning Objectives

Young Ladies will.....

- ☼ Celebrate the beginning of the **Young Ladies Junior Debutante Course**.
- ☼ Identify Course goals.
- ☼ Meet other Young Ladies.
- ☼ Review all materials and supplies.
- ☼ Demonstrate charm and etiquette skills.

Preparations

- ☼ Review session.
- ☼ Read background information.
- ☼ Arrange tables and chairs.
- ☼ Layout gifts and refreshments.
- ☼ Complete flip charts.
- ☼ Make copies of handouts.

Materials

- ☼ Flip chart
- ☼ Bible
- ☼ Black marker
- ☼ Door prizes
- ☼ Tape
- ☼ Decorations
- ☼ LBD marketing tools
- ☼ Etiquette Skills Test

Time

- ☼ 1 ½ to 2 Hours

Leader Preparation

Read over the entire lesson and identify key areas of discussion. Focus areas should concentrate on the session Learning Objectives. Review Session I in the Student Manual. All leaders should arrive early and set up the room accordingly. Place door prizes, Student Manuals, National or local LBD shirt (if applicable), and journals (if applicable), and all other important Young Ladies information on the Young Lady's exhibit table. There are journal sheets on the back of each page which Young Ladies can also use to journal.

Welcome Young Ladies

Leader Greet each Young Lady as they enter the room. Once everyone is gathered, welcome Young Ladies and open the meeting in prayer. Emphasis should be placed on creating an environment of openness and security. Girls should be encouraged to share their thoughts and everyone should convey mutual respect at all times.

Caution: Don't let any one Young Lady dominate the conversation. This class outline details activities for 1 ½ hours. The following is the general outline for each class. There will betimes you will run a full 2 hours on your activities.

Class Outline

- Class Opening 10 Min.
- YL Creed and Design Scripture 10 Min.
- Class Discussion 30 Min.
- Activities 15 Min.
- Handouts and Worksheets 15 Min.
- Break 10 Min.

After opening the meeting in prayer, give Young Ladies an opportunity to introduce themselves. **After introductions, distribute the Pre-Etiquette Skills Test.** Grade them and save for comparison to the Post Etiquette Test at the end of the Course. Distribute the Young Lady's Student Manual. Review the following section and explain the term "Debutante" and "Lady."

Flip Chart # 1 – Debutante –Student Manual Page 1.

The word "**Debutante**" (from the French word "debutante" female beginner) is a young lady from an aristocratic or upper class family who has reached the age of maturity, and as a new adult, is introduced to society at a formal presentation known as her "debut" or "coming out."

Definition taken from Webster's New Young American Dictionary © 1995 by Merriam-Webster Inc.

Flip Chart # 2 - Title Information

Throughout the Course leaders and participants will be addressed as Lady and Young Lady.

According to New Young American Dictionary © 1995 by Merriam-Webster Inc. the word Lady is defined as 1. A woman of high social position. 2. A pleasant well-bred woman or girl. 3. A wife. 4. A British noble woman used as a title.

The term “Lady” (Surname) will be used as a sign of respect to leadership and acknowledgement of position and place in the body of Christ. The term Young Lady (surname) will be used to identify girls who are preparing themselves for future social achievement and professional success. Now that they know how to properly address one another give Young Ladies an opportunity to meet one another and win a door prize.

Debutante History

Did you know?.....

The Debutante Tradition didn't begin in America. It originated as many as our customs do in England.

Rich aristocrats would gather with other rich people and introduce their daughters to society. At the end of the Debutante Season, a young man would select his wife.

Activity 1: 10 Minutes –Appendix Page 2 – “My Gifts,” Game

“My Gifts,” Introduction Game is a fun way to introduce Young Ladies to one another and learn to network. Distribute the “My Gifts,” Game Handout in the Facilitator’s Manual, Appendix Page 1. You are also welcome to play another game here if desired.

Each Young Lady will have ten minutes to identify a gift or hobby for each Young Lady until she fills in all the blanks. The Young Lady who fills in the most names wins a door prize. In case of a tie, both Young Ladies can win a door prize unless you decide to have a tie breaker with a question or a game of your selection.

Leader After the “**My Gifts**” Introduction Game introduce the Junior Debutante Class Schedule and what Young Ladies can expect as Junior Debutante Candidates. Review the class Titles and ask Young Ladies what they hope to gain from the Course and jot their responses on the flip chart.

For More Order the *Ladies by Design* Teacher’s Manual which includes 16 weeks of debutante instruction.



Week 2

I'm a Young Lady

I'm a Young Lady

Design Scripture

Romans 8:30 - "Moreover whom He predestined these He also called, Whom he called, these He also justified; and whom He justified, them He also glorified."

Introduction

On your journey to becoming a young woman, there are many changes you have already gone through and can continue to expect. It's not unusual for you to worry about your weight, or your appearance, after all television, peers and music place great emphasis on your value based on how you look. Did you know God is more concerned with something else?

God is more concerned about how you look on the inside rather than what people see on the outside. God created each of us in His image and He does not want us to feel that we are lower or higher than He sees us. The following session will teach you how to maintain a balanced self-awareness and healthy self-esteem.

i. This is me!

In the following blanks write the three words that best describe you.



The words written on your paper reflect your self-esteem.